

COMMUNITY MAGAZINE



FEBRUARY 2023

VILLAGE CONTACTS

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Parish Council

Chairman: Simon Hairsnape, 761100; **Deputy Chairman:** Mark Ellis, 769230
David Bishop, Bernie Green, Lili Clarke, Pat Eagling, Alister Walshe, Ian Watkins,
Janette Pudsey, Sam Davies, Tori Fenn, Tim Gilbert, Dilys Price, Eric Webb, Joy
Carroll.

Parish Clerk: Paulette Scholes, Willow House, Burghill, HR4 7RE.

Email: clerk@burghillparishcouncil.gov.uk

Herefordshire Council

Ward Councillor: Pauline Crockett, Badnage View, Tillington HR48LW.

Email: pauline.crockett3@herefordshire.gov.uk

Burghill Community Academy

Executive Head: Mr Alex Davies **Head of School:** Mrs J. Symonds

Governors: Penny Littlewood (Chair); Ginn Downes; Jacqui Symonds;
Carl Stevenson; Darin Truluck; Corrie Porter

Safer Neighbourhood Team contacts: PCSO Christina Howard: 07773052529 –
christina.howard@westmercia.pnn.police.uk

LOCAL CONTACTS

Retirement Club	John Parnaby	761564
The Simpson Hall	Bookings etc.	07726 148736
Good Neighbour	Joe Helme, Pearmain,	760816
Scheme	Burghill HR4 7RW	
Guides	Elizabeth Atkins	07940436104
Brownies	Mrs Fiona Bailey,	07866336160
Rainbow Guides	Emma Pullen	07852346400
Cricket Club Secretary	Mr. P. Knight	07880 790249
Football Club	Darren Coates, Japonica Bell,	07917595418
	Tillington	
Bridge Club Secretary	Harriet Gordon, The Grange, Burghill	07525215414
St Mary's Walking Group	Annie Ness	01432 760552
Short Mat Bowling	Colin Reynolds	07703 343537
B&T Handbells	Dr. E. Donovan, Lauristina, Burghill	760881
Ringers		
Tillington Strollers	Mrs D. Price	760233
C.A.P & COPSE	Sally Robertson	760878
Gardening Club	Sue Rix, The Forge, Burghill	769496
Knit one, Natter Too	Joanna Helme	760816

<p>CLOSING DATE FOR ENTRIES 20TH OF EVERY MONTH</p>

FOR INFORMATION ONLY

The reduction of the larger picture into ever more basic levels of explanation is a guiding feature of scientific enquiry – from humans understood in terms of biology, for example, to biology in the language of chemistry and from chemistry to the mathematical equations of atomic physics. One of the latest suggestions is that lying at the heart of everything is something called ‘information’. On this understanding the whole universe can be reduced to the level of one gigantic information machine.

In common vernacular *information* refers to the meaning attached by sender to recipient, or else to such meanings as might be gleaned from natural signs -- “such a cloudy sky clears not without a storm”. Either way, a conscious recipient of some kind would seem to be involved. In certain scientific contexts, however, information has no necessary connection with human or any other kind of conscious reception or involvement. Information here is simply that which is conveyed or transmitted by a sequence of impulses within a given system, no matter what form -- organic or otherwise, dead or alive -- the system might take. What matters is the exchange of data within the system, the extent to which different inputs determine different outputs.

As far as we humans are concerned, consciousness is realized via the process of neural and related activity – the brain, a living lump of matter, cashing out its potential by way of chemical signalling throughout the nervous system as a whole. And this, in itself, is nothing more than simple biology. But while the existence of life is generally taken as a straightforward area for scientific investigation, special problems arise, both scientific and philosophical, when conscious awareness is seen as somehow fundamentally different from that of all other forms of functionality. And the problems are particularly pressing when it comes to human mentality. For we *are* not simply conscious, we are also self-consciously aware that we are conscious. Furthermore, even if the universe can be reduced to one big information machine (and increasingly this is how it seems) the fact remains that only we humans have the necessary information -- information of the non-reductive kind - - which can secure the survival of our world as we wish to know it. Failing the wise and urgent use of our intelligence, a reduction of a rather more devastating nature might be just around the corner. If only it were possible to reverse the process, thereby reducing information to intelligence and intelligence to wisdom

Rob Newton



Burghill Church supports **HEREFORD FOOD BANK**

The Food Bank is committed to the relief of poverty in Herefordshire and the surrounding area through referrals for provision of emergency food parcels.

They currently need tinned meat, fish, vegetables and fruit, as well as rice (tinned and dry), UHT milk, baby food and vegetarian food.

They also need washing powder, cleaning products and toiletries.

Long-life carrier bags are appreciated too.

They do not currently need baked beans or pasta.

If you would like to support the Food Bank, there is a collection point for donations in the church porch and we will deliver your donations to them.

Alternatively, you can donate at collection points in most supermarkets or send a cash donation direct to the Food Bank.

For more information visit <https://herefordfoodbank.co.uk>

Please note: The Food Bank cannot accept food, tinned or dried, which is past the Best Before date



WINTER QUIZ 2022/23



The closing date for completed entries
is Tuesday 31st January 2023
so by the time you read this it will probably have passed.

Thank you to everyone who bought quiz sheets
and a huge thank you to Heather at Tillington Village Stores
for allowing us to sell them in the shop.

As we write this, completed quizzes are dropping through our letterbox.

When we have marked the quizzes, we will contact the winner.

In the event of a tie, names will be put into a draw
after the service in church on Sunday 5th February.

Answers will then be published on the Burghill Church website
and will be in the March Community Magazine.

All proceeds in aid of the Church of St Mary the Virgin, Burghill

BURGHILL BENEFICE

FEBRUARY SERVICES



2ND 9.30am	THURSDAY St Mary the Virgin, Burghill	Celtic Worship
5TH 8.30am 9.30am 10.00am 11.00am	3RD SUNDAY BEFORE LENT St Peter, Pipe-cum-Lyde St Andrew, Moreton on Lugg St Mary Magdalene, Stretton Sugwas St Mary the Virgin, Burghill,	BCP Holy Communion All Age Worship All Age Worship All Age Worship
9th 9.30am	THURSDAY St Mary the Virgin, Burghill	Celtic Worship
12th 10.00am	2nd SUNDAY BEFORE LENT St Andrew, Moreton on Lugg	Joint Benefice Eucharist
16th 9.30am	THURSDAY St Mary the Virgin, Burghill	Celtic Worship
19TH 8.30am 9.30am 9.30am 11.00am	2nd SUNDAY NEXT BEFORE LENT St Peter, Pipe-cum-Lyde St Andrew, Moreton on Lugg St Mary Magdalene, Stretton Sugwas St Mary the Virgin, Burghill	BCP Holy Communion Parish Eucharist Parish Eucharist Parish Eucharist
23rd 9.30am	THURSDAY St Mary the Virgin, Burghill	Celtic Worship
26th 8.30am 9.30am 9.30am 11.00am	LENT 1 St Peter, Pipe-cum-Lyde St Andrew, Moreton on Lugg St Mary Magdalene, Stretton Sugwas St Mary the Virgin, Burghill	BCP Holy Communion Morning Prayer Morning Prayer Morning Prayer

News from your Parish Council

Burghill Parish Council held its latest meeting on Tuesday 10th January 2023

Eleven Councillors were present along with twelve members of the public.

The Parish Council discussed six planning applications:

Planning application 223531 - Land at Tillington Fruit Farm, Tillington Farm, Burghill, HR4 7RW. Proposed construction of an apple packing house and store with roof mounted solar panels, associated permeable hardstanding, attenuation pond, loading and delivery areas, improved access track, soft landscaping and siting of a portable cabin. There were no objections in principle, but the Parish Council expressed concerns regarding the scale of the building in a rural environment, the increased traffic flows and road safety in this area and also that crops from outside of the local area could be stored on site and that this could further increase traffic flows.

Planning application 223563 - 8 Sycamore Lane, Burghill, HR4 7QR, Re-pollard 3 Poplars along boundary behind fence to around 2/3 current height. The trees are all overhanging the applicant's garden and would benefit from re- pollarding. The Parish Council agreed to support this application.

Planning application 224090 - Fruit Farm Tillington Estate, Crowmoor to Tillington Lane, Tillington, HR4 8LD. Proposed change of use of agricultural buildings to 5 no. dwellings including 2 no. larger and 3 no. smaller dwellings - resubmission of 222609/PA7. There were no objections, but the Parish Council would like to see a proper drainage plan in place and suggests that the access from the site onto the Tillington Road is inspected to make sure it will be safe.

Planning application 223925 - The Manor, Burghill, Hereford, HR4 7RX. Application for removal of condition 2 of planning permission SH931103PF (Proposed barn conversion to form one holiday accommodation unit) - To allow the building to be occupied as a single dwelling free from any restriction on occupation. The Parish Council resolved that Condition 2 of the 1993 decision by South Herefordshire District Council is still relevant to this property and that removing all restrictions presents a significant risk to local amenity. The Parish Council therefore objected to this application.

Planning application 223861 - Upper Lyde Quarry, Herefordshire. Proposed extension to Upper Lyde Quarry involving the extraction of sand and gravel and the restoration of the site to agriculture using imported inert waste, formation of a new vehicular access from Upper Lyde Road. Concerns were expressed by local residents about the lack of detail in the application, the impact on nearby residential properties and road safety issues. The Parish Council agreed to inform Pipe and Lyde Parish Council of these concerns and would support any decision made by Pipe and Lyde Parish Council.

Planning application 223119 - The Annexe, The Barn, Haymeadow Lane, Burghill, HR4 7RY. Installation of air conditioning and solar panels (retrospective). There were concerns that this is a retrospective application, and the air conditioning unit is now in place. The Parish Council would ask that Herefordshire Council check the building regulations on this air conditioning unit and its placement. It is hoped that modifications to the unit would make it be acceptable to the local community.

Our Community Working Group is currently looking at the management of the three defibrillators owned by the Parish Council. These need to be checked monthly to ensure that they are safe and ready for use if needed. A new Speed Indicator Device (S.I.D) needs to be purchased, the group will get quotes for the next meeting. A new Website for the Parish Council is also on the agenda.

Our Environment Working Group updated the meeting that the new memorial bench is now in situ on Tillington Common. Whitmoor Pool Common is currently flooded, but further work will be considered in the Spring.

Funding has now been agreed with Herefordshire Council for a Bus Shelter for the stop at Leasown and progress should be made in the next few months.

Funding is also in place for the two Traffic Regulation Orders, an extension of the 30mph limit northwards from Danny Lee Walk and an extension of the 30mph limit southwards from just before the school. The Parish Council is now looking at other traffic management options for the parish and welcomes suggestions.

Our next meeting is Tuesday 14th March 2023. We hope to see you there.

Paulette Scholes
Clerk to the Parish Council

arts
alive

FLICKS
IN THE
STICKS

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Cert: 12a - 111 mins



Fri 17th Feb - 7.30 pm

The Simpson Hall, Burghill

Admission: Adults: £5.50 Child: £3.50

Enquiries to: 07726 148736

Film only includes tea, coffee and biscuits during the interval: £5.50.

African themed meal of Babotie (spicy mince with egg custard topping) served at 6.30pm, and film: £9.50.

Meal bookings: 01432 760552 or annie.ness23@gmail.com.

A biographical romantic drama about Prince Seretse Khama, later to become the first president of Botswana, who causes a diplomatic stir when he marries a white woman from London in the late 1940s.

Starring: David Oyelowo, Rosamund Pike, Tom Felton, Laura Carmichael, Jack Davenport, Charlotte Hope

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WALKING THE CAMINO

VIRTUALLY!

Phill, our Parish Priest, has made a spiritual journey walking the 160-mile pilgrim trail from Porto to Santiago de Compostela in January.

Inspired by Phill, and to raise money to maintain the ancient and beautiful parish church of Burghill, we plan to walk the 480-mile pilgrim trail from St Jean Pied de Port in the French Pyrenees to the Cathedral of Santiago de Compostela in north-western Spain virtually!

You can get involved by walking or sponsoring

How it works

You let us know that you want to join the team to walk on your own or with others.

You will get instructions on what to do.

You ask friends and family to sponsor you by donating online at <https://www.justgiving.com/page/elizabeth-donovan-1672171106845> or in cash.

During February and March, walkers will record and report how far they have walked each week. You can do as much or as little as suits you, when and where you choose. It could be round your garden, walking the dog or Offa's Dyke!

Every mile will be added to the group total.

The Burghill Walks the Camino Just Giving page, and a display in church, will show the cumulative total of miles walked and donations.

If you cannot walk with us, you can support us with sponsorship.

**To join in contact: Liz Donovan: tel. 01432 760881, email richlizdonovan@btinternet.com
or: Mary Hilder: tel. 01432 760473, email yeldifer@hotmail.com**

**By Easter we hope to have clocked up more than the Camino 480 miles
and we will have walked together in spirit.**

All proceeds to the Church of St Mary the Virgin Burghill

THERE'S BEEN A MURDER!
MURDER MYSTERY
EVENING

MURDER BY THE WAY

Simpson Hall, Burghill

Saturday 29th April 7 p.m.

Tickets £12
to include a meal
BYO drinks

Pre-booking essential

**Text 07525 420010 with your
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Burghill & Tillington Good Neighbour Scheme

The Community Café

Our **café** is open every second Friday of the month from 10 until 12 noon for drinks, delicious cakes and good company, in the Simpson Hall.

The **Community Library** operates at the same time.

We can help with:

- Delivering a **hot meal** from Burghill Valley Golf Club to anyone in the village, on Monday to Friday **Trips** around the village and to town Running **errands**, such as fetching prescriptions, library books, shopping, Simple DIY jobs Befriending, if you would like **someone to talk to**
- **Socialising** at the Community Café or outings Simple **gardening** in an emergency

Contact Joe Helme: 01432 760816



The Talk Hub

You can find the **Talk Hub** at our community café, where there will be a dedicated computer and trained assistant. If you have a query or want to know where to access a service, we can signpost you to the relevant website or telephone number. It will also operate over the phone at all times – call the Good Neighbour Scheme telephone number (01432 760816) and Joe or Joanna Helme will find the information for you.



The Good Neighbour Scheme

Is looking for a couple of drivers who would be prepared to deliver meals once a fortnight, and do an occasional trip into town to take someone to the doctor or hospital. If you would be willing to volunteer, please contact me for more details.

Joe Helme, Tel: 706816 or email: jfhelme@gmail.com

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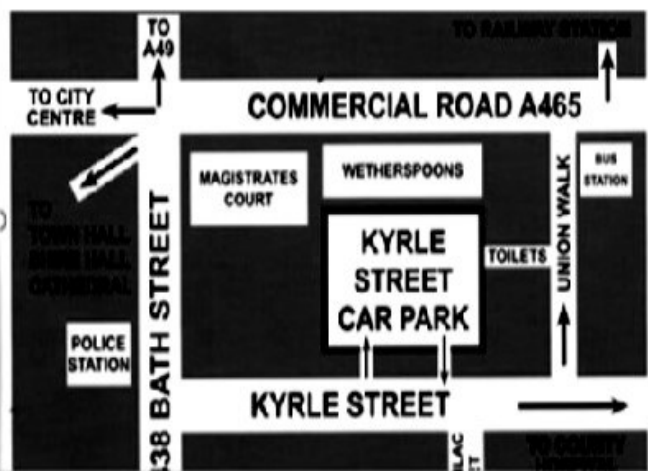
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FLOWER ARRANGING



Noella is an experienced teacher in Western style and Japanese Flower Arranging. The hands-on classes are tailored to suit all abilities and invite you to explore and learn different styles and techniques of flower arranging.

FOAM-FREE FLOWER ARRANGING TECHNIQUES

The pressure is on to reduce single use plastics and this includes wet foam. Even Churches are now requesting that wet foam should not be used in any arrangements. This class will show you some of the techniques that can be used in any setting.

Saturday, 11th February 10am to 12 noon
LEOMINSTER COMMUNITY CENTRE
 £20pp + cost of flowers

ALL-DAY (or HALF DAY) FLOWER ARRANGING WORKSHOP

This is a hands-on day for beginners as well as the more experienced flower arrangers. We will cover hand-tied bouquets and basic wiring techniques in the morning and table arrangements and some contemporary designs in the afternoon. You can join me either for the whole day or morning/afternoon



Saturday, Date tbc 10.30am to 3.20pm
Moreton-on-Lugg Village Hall
 £50pp + cost of flowers for the whole day
 £25pp + cost of flowers for half a day



IKEBANA: An Introduction to Japanese Flower arranging

With the rising cost of flowers and pressure to reduce wet foam, Ikebana offers the solution. Using fewer flowers and seasonal plant materials you can make stylish arrangements, to be enjoyed in your home.

Monday, 20th February, Friday 3rd and Monday 27th March

MORETON-ON-LUGG OR MARDEN

Taster Day/All-day Workshop 10.30am to 3.30pm

£45pp + cost of flowers, bring your own lunch

£75pp includes lunch, flowers and use of authentic Japanese containers

Contact: Noella Plasman-Jones

01432 880126 or 07379 499984

Email: noellaplasman@gmail.com Website: www.discovering-ikebana.com



Valentine



word search

h	c	u	p	i	d	c	k	o	t	i	w	y
e	h	a	r	e	b	h	a	e	f	h	e	p
e	o	t	n	a	r	i	u	a	r	l	v	h
d	c	h	k	d	n	e	f	a	c	u	o	s
y	o	s	r	h	y	s	r	e	w	o	l	f
s	l	i	d	s	b	n	i	y	e	h	d	e
h	a	r	r	o	w	e	s	p	e	e	b	
t	t	h	v	a	l	e	n	t	i	n	e	r
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p	h	t	c	i	u	i	s	h	k	y	o	a
k	u	r	e	n	f	k	o	l	p	s	d	r
s	g	h	s	k	i	s	s	p	s	u	e	y
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arrow
candy
chocolate

cupid
February
flowers

friends
happy
heart

hug
kiss
love

pink
red
roses

sweetheart
valentine

ST MARY'S WALKING GROUP

After a short walk near Weobley we had our Christmas lunch at Ye Olde Salutation Inn and allocated the walk leaders for 2023. Our first walk of the year promised to be a washout. However, we avoided the rain, dodged the puddles and mud, and discovered Adzor Bank for a picnic lunch with views over Wellington.

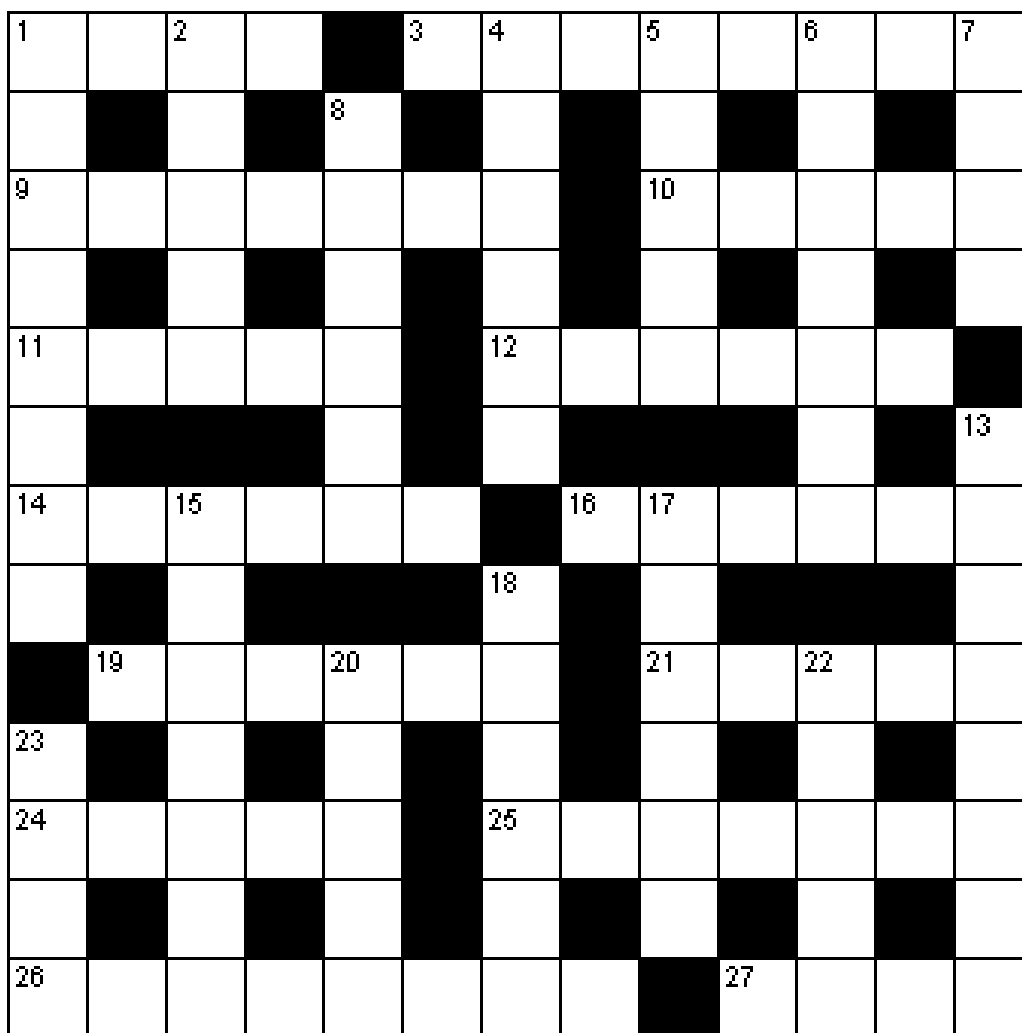
Our next walk is:

Saturday 11th February

Each and every walk, meeting 9.50am at Burghill Church car park, then sharing cars and driving to our start point for a 4 to 5 mile walk.

Newcomers are most welcome to this friendly walking group.

Enquiries: 01432 760552 - Annie Ness



Down

- 1** Fastened (4)
3 Scented (8)
9 Radioactive element (7)
10 Big (5)
11 Assists (5)
12 Cancer or Capricorn (6)
14 Ailing (6)
16 Junkie (6)
19 The East (6)
21 Rub out (5)
24 Go in (5)
25 Has ambition (7)
26 In motion (5,3)
27 Slender rod (4)

- 1 Veracious (8)
- 2 Electronic communication (1-4)
- 4 Hostility (6)
- 5 Book size (5)
- 6 Gin & Vermouth cocktail (7)
- 7 Profound (4)
- 8 Motor Fuel (6)
- 13 Emphasised (8)
- 15 Fine wool fabric (7)
- 17 French channel port (6)
- 18 Capital of Canada (6)
- 20 Mistake (5)
- 22 Major Blood Vessel (5)
- 23 Bill of fare (4)

Answers next month

Church Heating.

Please help us to keep warm.

Now that the colder weather is approaching and as from December 1st we will be closing both outer doors of the church porch which will continue to remain unlocked. When entering the main building please could you ensure the outer doors are closed before using the main door. The church will be unlocked by 10.00 and closed at 4.00pm during the winter months.

Max Jenman. Church Warden.

Burghill & Tillington Gardening Club

Tuesday 7th February
Simpson Hall
7.15pm

A Happy New Year to all those gardeners out there. We kick off our first meeting this year with a talk by Sue Watts-Cutler on "An Introduction to Propagating Plants". This is a rewarding and satisfying process to obtain new plants. No more expensive trips to the Garden Centre! Remember we need to keep up the numbers attending, to ensure we can survive. We hope to see a good turn out again this month.

All are welcome, just £4 on the door, to include refreshments.

sueanddavidrix@talktalk.net

Thursday Coffee



Every Thursday we have coffee & Tea in

St Mary's Church. There is a Celtic Service at 9.30am followed by coffee & Tea beginning at 10.00am for everyone!

All are welcome, come and join us!

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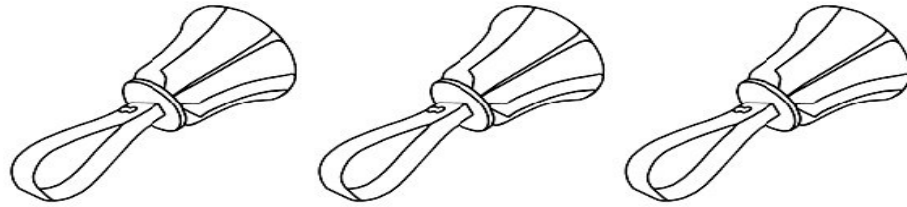
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Beginner's Workshop

Saturday 18th February

Are you new to Handbells?

Or do you just want to refresh your knowledge on the basics?

Then, this workshop is perfect for you.

No previous experience required.

We will be looking at all the basic skills needed, when learning to play handbells

Handling

Staff Notation

Dynamics

Techniques

The Simpson Hall, Burghill, HR4 7RW

11am – 3.30pm

Doors Open at 10.30am

Bring your own Lunch

Refreshments provided

£10 per person

**If you are interested, please contact Kris on 07400 322002 or
kr1spy@hotmail.co.uk**

A CONCERT AT ST MARY THE VIRGIN CHURCH, BURGHILL

FRIDAY FEBRUARY 24TH AT 7.00PM

We were expecting to host the Hereford Rail Male Voice Choir at a concert at Burghill Church on Friday evening February 24th 2023. This was a visit postponed twice due to Covid. Sadly the choir lost several members during the pandemic and unfortunately are no longer able to fulfil their bookings. However, in their place, we have been very fortunate to be able to welcome **the Fire Choir** under the direction of Jon Watson and **the Burghill and Tillington Handbell Ringers**. The concert will be held in **Burghill Church on Friday February 24th starting at 7.00pm.**

Tickets are £10 to include light refreshments and a glass of wine.



JOINT CONCERT

with
Hereford Fire Choir
and
Burghill & Tillington Handbell Ringers

led by
Jon Watson & Jason Walker

Friday 24. February
St Mary's Church, Burghill
7pm

10 per ticket (to include light refreshments)
There will also be a raffle

Buy tickets in advance from Liz Donovan (01432
760881), any member of the PCC, or on the door



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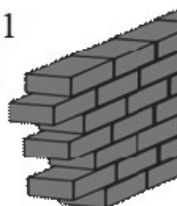
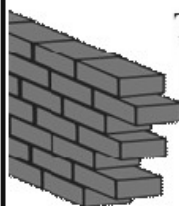
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Vernon Amor, owner of Wye Valley Brewery will be giving a talk on the



History of Hops

on

Friday 3rd February 2023 @ 19.30 at the Hall

Beer tasting (for free) will be available during the interval with light refreshments. For those not keen on beer, tea, coffee, wine or fruit juice will be available included in the Entry price of £10.

This is a fundraising event for Sands

(Stillbirth and Neonatal Death Charity Reg. No. 299679.)

If you plan to come **please let Mark know.** This will help with numbers for catering. Thank you.

Dates for your Diary :

Flicks in the Sticks: Friday 17th February 'A United Kingdom'

Friday 10th March : Borderlines Film Festival: Emily (15) 2022

Mark Helme Chairman Simpson Hall Committee. (01432 760704, or mhelme99@gmail.com)

FUN QUIZ

1st Saturday of every month (except January, when it is the 2nd)

7.00pm, Stretton Sugwas Village Hall

£5.00pp

Please contact Joyce & Mike Potts – 01432 356392

joycemike06@gmail.com

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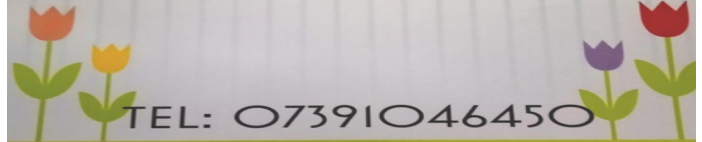
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**“Music is a moral law.
It gives soul to the
universe, wings to the
mind, flight to the
imagination, and charm
and joy to life and to
everything”**





Fancy giving something new a go in 2023? Have you ever thought about bell ringing?

Throughout the country plans are being made to *Ring for the King at the Coronation of King Charles III on 6 May 2023. Would you like to be part of this historic event?*

At Burghill we have a very friendly and welcoming band of bellringers, aged 16 to 80! We have a beginners practice every Monday evening from 6.30pm. Why not come along and have a look at what bellringing is all about?

For more information, contact Jason: 07402862046 or via e-mail: jason10walker@hotmail.com

BOOK SWAP KIOSK

(The Old Phone Box by the Church)

• SWAP A BOOK, TAKE A BOOK

There is a new full section every two weeks.

(PLEASE USE THE SANITISER)

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The Simpson Hall will be open as follows throughout February –

Every Friday from 12-2pm, for soup, roll and hot drinks.

Every Wednesday from 3-5pm for light refreshments and hot drinks.

There will be a nominal charge of no more than £1 per person for each session.

We also intend to open the Hall from 12-2pm at short notice on other cold days in February. Please ring 761575 or 760816 if you would like to check that the Hall will be open.

If you need transport to/from the Hall, then please ring Joe on 760816.

Come along for warmth, food and good company!

Good Neighbour Scheme
Parish Council
CAP

St Mary the Virgin Church
The Simpson Hall

Burghill

Burghill and Tillington Retirement Club

February : On **Thursday 16th February** Annie Ness is to give us a talk on **Foot Care**.

March : On **Thursday 16th March** Christina Howard PCSO is to give us a talk on **Keeping ourselves safe/ Crime Prevention**.

Tickets for the draw that take place at each meeting will cost £1.

We meet in the **Simpson Hall commencing at 2-30pm** The cost is £3 and includes light refreshments.

BURGHILL CAP & COMMUNITY LIBRARY



Our next sessions are on
Friday, 10th February 2023

10 am to 11.30 am at The Simpson Hall
during the Community Café Session

Jigsaws

Green bags available to purchase at £5 for a pack of 5 bags.

Collection box for used batteries



OUR ANNUAL LITTER PICK

“*Burghill in Bloom*” will again this year be co-ordinating the annual litter pick in conjunction with Burghill Parish Council. The litter pick will take place on **Saturday, 11th March 2022** and arrangements for the day are as follows:- Meet at The Simpson Hall at 1.30 p.m. when there will be a health and safety briefing. Litter picks, black bags, gloves etc will be available for you to use courtesy of Balfour Beatty. If you would like to take part, please contact our co-ordinator, John Parnaby, on Hereford 761564.

Coffee Morning & Table Sale

Saturday, 25th March 2023

(Please note change of date)

The Simpson Hall

Burghill, Hereford

10 am to 12.30 pm



**Books, Cakes, Bric-a-Brac, Tombola,
household goods, etc**

**Refreshments, Draw
Donated goods welcomed**

£5 per table, pre-booked only

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Proceeds in aid of Burghill In Bloom

Reduce stress with plants

We forget at our peril that we were designed to live amongst nature. With increasing overcrowding and artificial urban and indoor lifestyles, people are becoming increasingly cut off from meaningful contact with nature, which can help counteract our increasing environmental stress. As access to real wilderness becomes more and more difficult, garden plants and houseplants have become an important way of addressing the problem.

Plants can 'fill up the senses' to quote the John Denver song. They are beautiful and uplifting visually, to touch, to smell, to taste and can generate soothing sounds. Their electromagnetic energy fields harmonise ours.

Their foliage filters atmospheric pollution and gives off oxygen.

Unwelcome noise pollution can be deadened by felted or refractive leaves, for example the white, downy leaves of the White Poplar or the sound reducing shrub, *Viburnum rhytidophyllum*. In a larger garden, noise can be masked by the swish of bamboo in the breeze or the constant sea shore whispering of the Aspen tree. Wall shrubs and climbing plants can soften noise which ricochets around the hard walls of buildings.

Plants can increase our feelings of security by hiding or softening ugly or threatening man-made structures, or the windows of dominant buildings overlooking our property like predatory eyes. Use plants to defuse the constrictive effect of bare boundary walls and fences by visually uniting your garden with natural views beyond, 'framing' these by planting which leads the eye to selected outlooks.

Actually, atmospheric pollution is often worse inside a building than outside, what with toxic fumes from man made furnishing materials and electromagnetic smog. A selection of indoor plants – even in pots – can have a neutralising effect on these to some extent and remove airborne toxins we would otherwise be breathing in. The easy to grow foliage plants 'Boston Fern' (*Nephrolepis*) and 'Peace Lily' (*Spathyphyllum*) have been shown to be particularly good at this. 'Spider Plants' also help. The 'Computer Cactus' (*Cereus peruvianus*) is credited with helping to absorb and neutralise some of the airborne toxins and radiation emanating from computer screens, although it is no substitute for a faraday cage around your wi fi router.

Enjoy your plants and love them!

Sue Watts-Cutler (for Burghill and Tillington Gardening Club)

Sue Watts-Cutler (for Burghill and Tillington Gardening Club)

Knit One, Natter Too



A new year is a great time to start a new project or get to grips with a UFO (unfinished object!). You don't have to be a knitter - bring your own craft project and come along. You can be sure of a warm welcome, whatever your interest or level of expertise. You can even come just to natter! (and some do....) It could be an opportunity to learn to knit or crochet – or get to know others in the village.

We usually meet on the 2nd and 4th Wednesday of each month in the Simpson Hall, from 2-4pm, with refreshments provided, paying £2 per session. We'd be very happy to have more people join us so why not give us a go?

NB: we are now meeting UPSTAIRS in the Simpson Hall

Dates for **February : the 8th and 22nd**

If you need help with transport, do let me know.

Joanna Helme [Tel:760816](tel:760816) email:joannahelme@gmail.com

Community Café



A warm welcome awaits you at the next café on **Friday 10th February** from 10am to 12noon. Do join us for coffee or tea and delicious cakes and scones. Don't worry if you are on your own - you will soon find some friendly folk to chat to.

You can also browse books in the Community Library or look up information on the Talk Hub.

If you think you might like to take some goodies home with you, please bring a container.

We look forward to seeing you.

Dates: Fridays: February 10th, March 10th, April 14th 2023

Time 10 to 12noon

A PERSPECTIVE ON ASH WEDNESDAY

By

The Ven Fiona Gibson is Archdeacon of Ludlow,

One of the most moving services I have ever attended took place on Ash Wednesday 2009, in Westminster Abbey. I was an ordinand, in training for ministry, and was on placement at the Abbey. As the choir sang the achingly beautiful setting of Psalm 51 “Miserere mei, Deus” (Have mercy on me, God) by Allegri, complete with perfectly piercing top C from the chorister given the solo that year, we all went forward.

The Dean said the solemn words, “*Remember you are dust, and to dust you will return,*” as he marked my forehead with the sign of the cross, using ashes from the previous year’s palm crosses.

It was a new experience to me, as the imposition of ashes hadn’t been part of the tradition I’d known up to then. I confess I was overwhelmed - by the depth of my human sinfulness, the depth of God’s mercy, and the depth of the love of Christ in going to the cross for the sin of the world, including mine.

Far from being frightening, or leading me to despair, those words, “Remember you are dust, and to dust, you will return,” seemed in that moment to be strangely comforting. They reminded me of words from Psalm 39, where the Psalmist says to God, “Show me, Lord, my life’s end and the number of my days; let me know how fleeting my life is.” We, humans, are frail and fragile creatures of the creator – a truth we don’t always recognise or accept. To dwell on that truth during Lent, holding it together with the equal and opposite truth that we are, as the title of a book says, “**Beloved** Dust” seems to me a good spiritual discipline for these 40 days.

For by the grace of God in Christ, we are both fragile *and* strong, mortal *and* immortal. We are dust, and to dust, we will return, yes. But that’s not the end of the story, for from dust we shall rise, clothed with life and immortality, to live with God eternally.

As we move through Lent together, I invite you to take time to meditate on these paradoxical truths: that we are creatures, limited, finite, and weak, *and* that we are held in the hands of an unlimited, infinite, and strong God; that our time in this life is brief, *and* that our time with God in the world to come is eternal; that we are as humans deeply flawed, *and* we are deeply loved – and that in the cross with which we are marked in baptism, and may be marked on Ash Wednesday, all of that comes together.



RECTOR: Reverend Dr Phillip Brown
 The Vicarage, Burghill, HR4 7SG.
 Tel: 01432 761821
 Email: revpjbrown.777@gmail.com
 Church email: burghillchurch@gmail.com
 Church website: www.burghillbenefice.com

*"The steadfast
 love of the Lord
 never ceases,
 His mercies
 never come to
 an end"*
Lam 3:22-3

CHURCHWARDEN:

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