

# COMMUNITY MAGAZINE



September 2023

## VILLAGE CONTACTS

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### Parish Council

**Chairman:** Alister Walshe ; **Deputy Chairman:** Mark Ellis

David Bishop, Joy Carroll, Sam Davies, Pat Eagling, Bernie Green, Simon Hairsnape, Sophie Jenkins, Janette Pudsey & Ian Watkins

**Parish Clerk:** Paulette Scholes, Willow House, Burghill, HR4 7RE.

Email: clerk@burghillparishcouncil.gov.uk

### Herefordshire Council

**Ward Councillor:** Pauline Crockett, Badnage View, Tillington HR48LW.

Email: pauline.crockett3@herefordshire.gov.uk

### Burghill Community Academy

**Executive Head:** Mr Alex Davies     **Head of School:** Mrs J. Symonds

**Governors:** Penny Littlewood (Chair); Ginn Downes; Jacqui Symonds; Carl Stevenson; Darin Truluck; Corrie Porter

**Safer Neighbourhood Team contacts:** PCSO Christina Howard:

herefordrn.snt@westmercia.police.uk

**Simpson Hall Website:** www.simpsonhall.uk

## LOCAL CONTACTS

<b>Retirement Club</b>	John Parnaby	761564
<b>The Simpson Hall</b>	Bookings etc.	07726 148736
<b>Good Neighbour</b>	Joe Helme, Pearmain,	760816
<b>Scheme</b>	Burghill HR4 7RW	
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<b>C.A.P &amp; COPSE</b>	Sally Robertson	760878
<b>Gardening Club</b>	Sue Rix, The Forge, Burghill	769496
<b>Knit one, Natter Too</b>	Joanna Helme	760816

<p><b>CLOSING DATE FOR ENTRIES 20<sup>TH</sup> OF EVERY MONTH</b></p>
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# ***The Mystery of Music***

I don't know anyone who doesn't like music. I think it is such an intrinsic part of our lives, it is hard to live without it; well, that's my experience. Music says so much about our personal story, our identity, what we love and loath, what we think and the way we see the world and others. Music also captures profound moments in our lives and different types of music represent a certain point in our history. Now, I'm no expert and many know the sounds and history of music far better than I, but only I know what certain sounds mean to me.

Often, I listen to tunes now that I never liked in the past, but they bring back fond memories of a time and when I listen to them, it brings it all back. This very often centres around films. We all know the theme tune to Ghostbusters, Top Gun, Indiana Jones and Star Wars. Music makes a good movie into a great one. I am sure you have your own selection. Nevertheless, our past is coloured by those sounds that make up our remembering. For example, I quite like listening to Rick Astley, Never gonna Give you up. Not because I liked it when it came out, but because when I listen to it now, it reminds me of a friend of mine from many years ago. Music is a mysterious thing.

For many years I have been visiting various care homes and seen people in the twilight of their lives. Many of them are being cared for because of Dementia. Yet, it always amazes me how music and sounds from the past can breakthrough into their minds and draw out vivid and abiding memories that seem to have been lost. So what is it about music that has such power?

I think one of the reasons is that it can cut through to us in a way other things can't. It penetrates the very heart of us, exposing what we are within ourselves. Think about it: what music would make your top five picks and why? I bet you they are all tunes that either speak profoundly to you or draw something of you in a way other things can't, like a memory. Music, it's a mysterious and magical thing, how could we live without it?

*Phill*

## NEWS FROM THE PARISH COUNCIL

Burghill Parish Council held its latest meeting on Tuesday 11th July 2023. Ten Councillors were present along with six members of the public.

The Parish Council discussed three planning application:

- 231477 - Land at Home Farm Barn, Burghill. Proposed cottage. This proposed development does not comply with the Parish's Neighbourhood Development Plan it is felt the development would be inappropriately visible at the entrance to the village and is too large for the proposed plot. The Council therefore RESOLVED to OBJECT to this application.
- 231618 - Yewtree House, Tillington. Proposed single storey extension and garage conversion. This was discussed and it was RESOLVED to SUPPORT the application.
- 231962 - 2 - Tillington Court Farm Shop, Tillington Court Farm, Tillington. Proposed variation of condition 2 following grant of permission 211913 (Proposed change of use of the former Tillington Court Farm Shop to residential dwelling with associated operational works) - minor design changes. This was discussed and it was RESOLVED to SUPPORT the application.

The Three Elms North East Quarter planning application was discussed with representatives from both Lichfields, the Development Consultancy and the Church Commissioners. A presentation was given, a copy of which can be viewed on the website. Discussions took place on the impact this development would have on transport, schools, doctors' surgeries and the general impact of 350 new homes being built for the area. The Parish Council agreed to formally consider the Planning Application at its next meeting.

A local Community Speed Watch initiative coordinated by West Mercia Police but managed and run by volunteers in the community was discussed. Several parish councillors volunteered to be on this group.

Speeding issues on the road near the school were raised along with suggestions to encourage drivers to slow down e.g., 20mph limit, speed bumps and a pedestrian crossing.

Working Groups are having difficulties in the current format, for a test period, an alternative on how they work will be looked into, these include projects allocated to Councillors. A finance group is required for diligence and monitoring purposes.

A Childrens Book Event run by Joy Carroll gave out 11 books to under 5-year-olds at this recent event. Plans for another event with Muddy Boots and the school more involved are in progress.

A noticeboard at Leasown bus stop will be replaced after it was removed to allow for the assembly of the new bus shelter.

There are currently four vacancies for parish councillors, these will be advertised. Dilys Price has retired from the parish council and was thanked for her many years on the council.

Talk Community HUB will from 1st August be organised by the parish council, Janette Pudsey will take the lead on this for the foreseeable future.

Our next meeting is Tuesday 5th September. We hope to see you there.

*Paulette Scholes  
Clerk to the Parish Council*

## **Maintaining Hedges**

The Parish Council would remind residents that it is a legal duty, under the Highways Act 1980, not to obstruct the public highway without legal authority or excuse; and not to leave debris on it. The public highway is defined by law as consisting of any verge, footway, carriageway, bridleway, or footpath that is maintained at public expense and over which the public has a right of way.

This means that landowners and occupiers whose hedges run alongside the public highway are responsible for the maintenance of the hedge. Failure to adequately maintain a hedge and prevent a hedge from interfering with the use of the highway may result in a formal notice being served by the local authority requiring action.



## Contact details for some of the activities at the Hall:

- Jevon Yoga ( integrating Hatha Yoga into the modern world ) : [suzanne@jevonyoga.co.uk](mailto:suzanne@jevonyoga.co.uk)
  - Kuro Inu Dojo ( a study of Jojutso and Laijustu ) Tel. 07980 852 269. [kuroinjodo@gmail.com](mailto:kuroinjodo@gmail.com) ,or visit their website [kuroinu.co.uk](http://kuroinu.co.uk)
  - Breinton Ringcraft: [jbeaujeanshep@yahoo.co.uk](mailto:jbeaujeanshep@yahoo.co.uk) ( 01544 327117)
  - Pilates: [www.caldwellpilates.co.uk](http://www.caldwellpilates.co.uk) ( 07971 009 691)
- Tai Chi: please contact Sally Roberstson.



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## AUTUMN - WINTER

**SEPTEMBER 8TH - NO TIME TO DIE - 12A**

**OCTOBER 13TH - ALLELUJAH - 12A**

**NOVEMBER 10TH - BENEDICTION - 12A**

**DECEMBER 8TH - THE UNLIKELY PILGRIMAGE OF  
HAROLD FRY - 12A**

Film with pre-booked meal - come at 6:30pm (£10 / £8)

Film without meal - come at 7:30pm (£5.50 / £3.50)

SEE OUR WEBSITE AT [www.simpsonhall.uk](http://www.simpsonhall.uk) for further details

## **Parish Council Small Grants Scheme**

Over many years now the Parish Council has made small grants available to groups or organisations which support our local community. These grants are funded through the Council's budget. In a few months' time we will be starting the process of setting our budget for next year.

We would therefore, invite local groups or organisations to submit grant applications to the Parish Clerk [clerk@burghillparishcouncil.gov.uk](mailto:clerk@burghillparishcouncil.gov.uk) by the end of September this year. This will allow for the proposals to be considered and if they are successful, to ensure they are budgeted for. We will let applicants know the outcome of the process early next year.

Proposals will be judged against the following criteria:

Is the purpose of the grant request clear?

Will it be spent within the 2024/25 financial year?

Will it benefit the parish or its residents?

Does the group or organisation have a constitution or set of rules and a safeguarding policy?

Can the group or organisation provide a copy of its latest accounts / bank statement?

Does its bank account require a minimum of two signatories?

It is expected that groups and organisations will look at accessing different sources of funding for their project alongside any application to the Parish Council.

Please feel free to contact me if you wish to discuss a potential application.

*Paulette Scholes  
Clerk to Burghill Parish Council*

### **HEREFORD FOOD BANK**

#### **PLEASE NOTE**

**from the beginning of September  
the Food Bank collection point in Burghill Church porch  
will no longer operate**

The collection point has been in the church porch for many years and has been well supported.

Donations have now declined almost to nothing.

Hopefully this is because donors are using the collection points which are now in most supermarkets.

The need is still very much there, so please continue to support the Food Bank.

Thank you for your generosity over the years.

For more information about Hereford Food Bank visit

<https://herefordfoodbank.co.uk>

# Herefordshire Music Fund



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## **Could you help?**

For regular and one-off donations, go to [www.cafonline.org](http://www.cafonline.org) and click on 'Donate to a charity' and search for 'Herefordshire Music Fund'.

For alternative giving options and further information, go to:  
[www.enclave-enterprises.com/herfordshiremusicfund](http://www.enclave-enterprises.com/herfordshiremusicfund)

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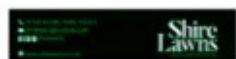
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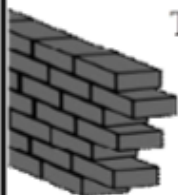
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# Burghill & Tillington Good Neighbour Scheme

Including  
the Community Café

## We can help with any of the following:

- Delivering a **hot meal** from Burghill Valley Golf Club to anyone in the village, on Monday to Friday
- **Trips** around the village and to town
- Running **errands**, such as fetching prescriptions, library books, shopping,
- Simple DIY jobs
- Befriending, if you would like **someone to talk to**
- **Socialising** at the Community Café or outings
- Simple **gardening** in an emergency

**Contact** Joe Helme: 01432 760816 or [jfhelme@gmail.com](mailto:jfhelme@gmail.com)

## The Community Café

Our **café** is open every second Friday of the month from 10 until 12 noon for drinks, delicious cakes and good company.

The **Community Library** operates at the same time; for books, jigsaws and green bags

## The GNS Welcome Pack

Is now available for anyone new to the village. If you are new, or if you know someone who is, and would like a Welcome Pack, please contact Joe Helme: 01432 760816 or [jfhelme@gmail.com](mailto:jfhelme@gmail.com)



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# ***CAN YOU OFFER SUPPORT AND GIVE A LITTLE BACK TO YOUR PARISH? WE HAVE VACANCIES***

Burghill Parish Council is your local authority that deals with issues that can make a real difference to the people in our parish and its environment.

We tackle issues such as speeding, pollution, pavements, potholes, footpaths and the commons. We are also consulted and provide feedback on all planning applications within the parish.

The Parish Council currently meets every other month and at present has four vacancies which will be filled through our co-option policy.

If you are interested in becoming a parish councillor with the power to influence decisions for the benefit of the people you serve, please contact our Parish Clerk, Paulette Scholes by email:

[clerk@burghillparishcouncil.gov.uk](mailto:clerk@burghillparishcouncil.gov.uk).

We would encourage you to attend and observe at least one meeting of the Parish Council before putting yourself forward for co-option.

The position is unpaid and voluntary, but some expenses such as training are paid by the Parish Council. You will be expected to spend a minimum of a day per month on Parish Council business.

## **"St Michael Hospice Bereavement Get Together "**

At Burghill Golf Club

The golf club have kindly offered their venue, for anyone who is bereaved to meet up on the first Wednesday of the month at 10am.

It will be an informal get together for a coffee/ tea and chat,  
(if you wished to)  
Just turn up.

Jacqui and Clare will be there to welcome you.



## **CRAFT WORKSHOPS**

Autumn 2023 at Simpson Hall  
Starting on September 15th, 10am.  
2-hour sessions on the 1st, 3rd and 5th  
Fridays of the month.



Proposed sessions include willow weaving, block printing, macrame workshop, clay workshop, book craft (creative decorations), hand embroidery, floristry cake decorations.  
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## **Burghill and Tillington Retirement Club**

September : On Thursday 21st September Fiona Bailey will give us a talk on Recycling.

October : On Thursday 19th October Graham Gilbert will give us a talk on Gemstones.

November : On Thursday 16th November we will have a talk on Owls and they will be a selection of real live owls in attendance.

Tickets for the draw that take place at each meeting will cost £1.

We meet in the Simpson Hall commencing at 2-30pm The cost is £3 and includes light refreshments.

## **CHURCH PLANT STALL**

Thank you to everyone who has contributed to the Church plant stall at the bottom of the church drive. We have now raised over £100 for the Churchyard Fund and plants and produce still keep arriving. We welcome any produce surplus to requirements.

Please place your donations in the honesty jar or give to  
John Parnaby or myself.

John and I will keep the stall going until the supply dries up.

Liz Donovan



# CRAFT WORKSHOPS



## in the Autumn at Simpson Hall

There are a few places remaining on our autumn craft extravaganza. When they're gone, they're gone!

Sessions run on Friday mornings from 10-12  
£6 per session. Or £5.25 for 4 or more

15th & 29th Sept - Willow Weaving

6th Oct - Clay Work

20th Oct - Block Printing

3rd Nov - Macramé

17th Nov - Book Craft

1st Dec - Hand Embroidery

15th Dec - Floral Cake

Decorations

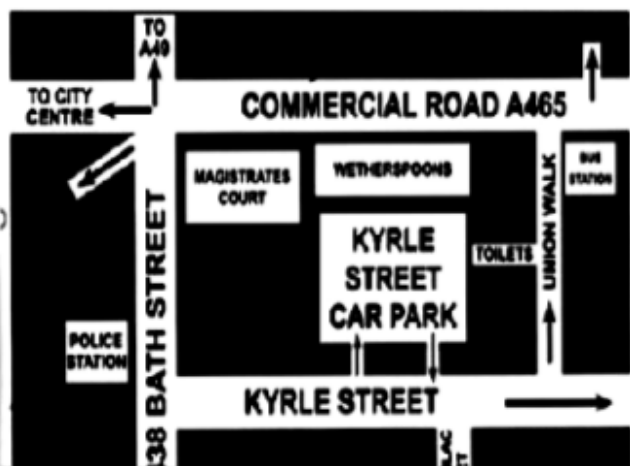


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# SEPTEMBER SERVICES

## *Burghill Benefice*



<b>3<sup>RD</sup></b>	<b>TRINITY 13</b>	
8.30am	St Peter, Pipe-cum-Lyde	BCP Holy Communion
9.30am	St Andrew, Moreton-on-Lugg	All Age Worship
10.00am	St Mary Magdalene, Stretton Sugwas	All Age Worship
11.00am	St Mary the Virgin, Burghill	All Age Worship
<b>7<sup>TH</sup></b>	<b>THURSDAY</b>	
9.30am	St Mary the Virgin, Burghill	Celtic Worship
<b>10<sup>TH</sup></b>	<b>TRINITY 14</b>	
10.00am	St Peter, Pipe-cum-Lyde	Joint Parish Eucharist
<b>14<sup>TH</sup></b>	<b>THURSDAY</b>	
9.30am	St Mary the Virgin, Burghill	Celtic Worship
<b>17<sup>TH</sup></b>	<b>TRINITY 15</b>	
8.30am	St Peter, Pipe-cum-Lyde	BCP Holy Communion
9.30am	St Andrew, Moreton-on-Lugg	Morning Prayer
9.30am	St Mary Magdalene, Stretton Sugwas	Parish Eucharist
11.00am	St Mary the Virgin, Burghill	Parish Eucharist
<b>21<sup>TH</sup></b>	<b>THURSDAY</b>	
9.30am	St Mary the Virgin, Burghill	Celtic Worship
<b>24<sup>TH</sup></b>	<b>TRINITY 16</b>	
8.30am	St Peter, Pipe-cum-Lyde	BCP Holy Communion
9.30am	St Andrew, Moreton-on-Lugg	Parish Eucharist
11.00am	St Mary Magdalene, Stretton Sugwas	Harvest Festival
11.00am	St Mary the Virgin, Burghill	Parish Eucharist
<b>28<sup>TH</sup></b>	<b>THURSDAY</b>	
9.30am	St Mary the Virgin, Burghill	Celtic Worship

### THE CLOCK

As another day begins to dawn  
 A piercing sound I hear  
 It is the clock beside my bed  
 That screams at me so near  
 And as I place my hand upon it  
 To block its constant cry  
 The noise is stopped at once – hooray!  
 So I lay down and sigh  
 But as I snuggle deep within  
 The comfort of my bed  
 The motion of the clock I hear  
 ‘Get up, you’re not yet dead’  
 Tick tock, tick tock  
 The rhythm of the clock  
 As the time of day is racing by  
 I shout out loud ‘please stop’  
 But the clock it does not listen  
 It covers up its ears  
 So once again I raise my voice  
 ‘Be quiet, I’m sleeping here’  
 Then the clock becomes defiant  
 As time is on its side  
 And as its hands turn round and round  
 I slide down the bed to hide  
 But even in the darkness  
 Trapped and all alone  
 The calling of the clock surrounds me  
 In the bedroom of my home  
 And so we start to argue  
 As it tries to get its way  
 ‘Get out of bed you lazy thing  
 Get dressed and start your day’  
 This clock it does annoy me  
 But what is it I can do?  
 Then suddenly a thought pops up  
 I’ll drop it down the loo!  
 Then its petty voice can’t wake me  
 In the early morning light  
 And work will be a distant dream  
 As I roll over and say ‘goodnight’!

### THE BROKEN SOUL

They thought that I was down and out  
 They thought that I was done  
 The more they kept me on the ground  
 The more I looked towards that sun  
 And as those rays of light shone down  
 To warm my aging face  
 I found my shoulders rise once more  
 As I stood in humble grace  
 No tears, no regrets, no shattered life  
 Will destroy my battered soul  
 Instead I’ll fight and pursue each dream  
 As I move towards my goal  
 The ridicule, the words of harm  
 The insults and the pain  
 Endured by a man whose defiant spirit  
 Fights back to erase his shame  
 When a man is lost and feels all alone  
 He must look within himself  
 And rid his thoughts of any doubt  
 That his life is blessed with wealth  
 No gold, no silver to weigh him down  
 Only pennies small and few  
 But in his heart he carries the belief  
 That his life can be renewed  
 Blows and strikes may knock you over  
 In a life that’s tough and hard  
 But a winner will find inside his mind  
 The strength to rebuild his guard  
 So look towards that sun my lad  
 When your battles near their end  
 And remember this as you rise again  
 That a broken soul can mend

## “Bangers and Cash”

This is our annual gift day which we hold and this year we will be promoting the Parish Giving Scheme which most of our members support and offer their giving through. This year we will be holding our gift day in the form of a breakfast. All who give shall receive sausage bap and a hot drink, hence “Bangers & Cash”.

Our Annual “gift day” this year will be on:

Saturday 30th of September

8.30am - 10.30am

At St Mary’s Church, Burghill.

Please do come and support us!

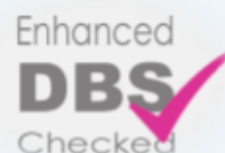
## *PATHFINDERS Group*



### *PATHFINDERS YOUTH GROUP* *September 2023 MEETING*

#### *DATE & TIME?*

Sunday, 24<sup>TH</sup> September @ 5.00PM



#### *WHERE? Haugh Woods (HR1 4QX)*

#### *WHAT'S THE PLAN?*

Nature Walk (bring your dog!)

**The Leader: Contact: Phill Brown:**  
**revpjbrown.777@gmail.com.**

**(8 - 14 year group)**

**Contact us if you require further details**



# NO Time to Die

Cert: 12a - 163mins



**DRESS TO IMPRESS**  
**JAMES BOND 007 THEME**  
**PRIZES FOR THE BEST**  
**COSTUMES**

## Fri 8<sup>th</sup> Sep – 7.30pm

### The Simpson Hall, Burghill

Admission: Adults: £5.50      Child: £3.50

Enquiries to: 07726 148736

To Pre-book your meal call Annie 01432 760552 or email [annie.ness23@gmail.com](mailto:annie.ness23@gmail.com)

Pre-film dining: Take your seats for a 'Licence To Chill' at 6.30pm.

Casino Royal Chicken and Shaken Not Stirred sauce (with Quantum Mushrooms, Miss Goodnight Cream and Double O Martini). Served with Albert Broccoli, Diamonds Forever Potatoes

(roast potatoes with a dusting of Live or Let Die secret seasoning).

Cost: Miss Money Penny – a killer shot at £10 Including Film and Gold Finger Biscuits, Tea and Coffee Galore in the interval. Film only: £5.50

BYO Drinks!

James Bond has left active service. His peace is short-lived when Felix Leiter, an old friend from the CIA, turns up asking for help, leading Bond onto the trail of a mysterious villain armed with dangerous new technology.

Starring: Daniel Craig, Ralph Fiennes, Léa Seydoux, Naomie Harris

## Neighbourhood Crime Fighting Teams are keeping your streets safe



Delivery on calls for a more visible and accessible police force, Police and Crime Commissioner, John Campion has funded 55 officers to be recruited across five Neighbourhood Crime Fighting Teams (NCFTs) across the force area - with a sergeant leading a team of constables -

in each of the Local Policing Areas (LPAs).

The NCFTs will be working hard to keep persistent offenders off the streets and reduce levels of high impact crimes such as anti-social behaviour, drugs, major thefts, and criminal damage.

South Worcestershire and Shropshire are both leading the way with the new teams in place now and already supporting the important work of our Safer Neighbourhood Teams (SNTs), Problem Solving Teams, Roads Policing, Proactive Teams and, of course, the wider force.

The teams for Herefordshire, North Worcestershire and Telford will be in place from September.

**PCC John Campion said:** “I am delighted to see two new Neighbourhood Crime Fighting Teams already serving the communities of South Worcestershire and Shropshire, with three more to follow in September covering the whole of West Mercia.

“Following my investment which has seen officer numbers reaching record levels in West Mercia, these first-of-a-kind teams in West Mercia will be fast-responsive units working in the heart of communities tackling the issues that matter to you.

“The teams are another example of my commitment to listen and deliver on your calls for more visible and accessible police officers, as I continue to ensure your police force has the resources and tools it needs to deliver a more secure West Mercia, as set out in my Safer West Mercia Plan.”

Further information on the above can be found here: [Neighbourhood Crime Fighting Teams keeping streets safe | West Mercia Police](#).

## ST MARY'S WALKING GROUP

For our July walk, we explored the charming trails of Sarnsfield. Generously hosted by a local farmer, we parked in his farm courtyard. Just in the nick of time, we returned before a deluge from the heavens soaked the path and us.

In August, we ventured from Bodenham lakes up to the captivating Queenswood Country Park lookout. Some of us also took the opportunity to visit the recently unveiled hide at Bodenham Lakes. It's worth noting that these lakes constitute one of the most expansive open water areas in Herefordshire.

Stay tuned for more exciting walks and experiences ahead!

Our next walks are:

**Saturdays 9<sup>th</sup> & 23<sup>rd</sup> September**

As usual, we will meet at 9:50 am in the Burghill Church car park. From there, we share cars and drive to our starting point for a leisurely 4 to 5 mile walk. It's an excellent opportunity to explore the beautiful surroundings while enjoying some exercise and good company. We extend a warm welcome to newcomers who are interested in joining our friendly walking group. Whether you're an experienced walker or just starting out, we're delighted to have you with us. For more information call Annie Ness: 01482 760552

**'NEW' Fortnightly slow easy walk over two hours. Tuesdays 12<sup>th</sup> and 26<sup>th</sup> at 10am, Meeting at the new bus shelter in Burghill**



It seems ages since we were out preparing for the "big" day in July. We will know the results at the end of September/beginning of October. Burghill in Bloom's own Presentation Evening will take place as soon as possible thereafter and residents who entered their gardens, hanging baskets, troughs, etc., will receive an invitation in due course.

Our next task is to plant 2,000 daffodils throughout the parish in readiness for Spring. If anyone would like to help with this project, please could you contact John Parnaby on Hereford 761564.



*Halloween Party*  
**Saturday, 28<sup>th</sup> October**  
**at The Simpson Hall Burghill**  
 live music from  
**The OCG**  
*(60's to 80's classics to*  
*Halloween themed songs*  
*and more)*

Ticket: £10 per person to include Charlie's  
 delicious Chilli (vegetarian alternative)  
 from Sally Robertson 07581 334900,  
 sal.rob@btinternet.com or Tillington Stores  
 Please bring your own drinks and glasses

*Prizes for best costumes*

*In aid of The Copse and Simpson Hall*



**BURGHILL CAP & COMMUNITY LIBRARY**

Our next session is on

**Friday, 8<sup>th</sup> September 2023**

10 am to 11.30 am at The Simpson Hall  
 during the Community Café Session

**Jigsaws**

**Green bags available to purchase at**  
**£5.65 for a pack of 5 bags.**



**THE COPSE LEISURE TRUST**

**Reg. Charity No. 1118865**

As you know The Copse Leisure Area is run by volunteers and we currently need help with painting the portacabins and doors. If anyone can help, could they please contact Sally Robertson on 07581 334900 or email sal.rob@btinternet.com. Any help would be very much appreciated.

# Knit One, Natter Too

The Autumn is a good time to start a new project....You don't have to be a knitter - bring your own craft project and come along. You can be sure of a warm welcome, whatever your interest or level of expertise. You can even come just to natter! (and some do....) It could be an opportunity to learn to knit or crochet – or get to know others in the village.



We usually meet on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month in the Simpson Hall, from 2-4pm, with refreshments provided, paying £2 per session. We'd be very happy to have more people join us so why not give us a go?

Dates for **September: 13<sup>th</sup> and 27<sup>th</sup>**

If you need help with transport, do let me know.

Joanna Helme [Tel:760816](tel:760816) email:joannahelme@gmail.com

## Community Café



A warm welcome awaits you at the next café on **Friday September 8<sup>th</sup>** from 10am to 12noon. Do join us for coffee or tea and delicious cakes and scones. Don't worry if you are on your own - you will soon find some friendly folk to chat to.

**If you enjoy the café, why not bring along a friend or neighbour? Pick up one of our special invitations for them.**

You can also browse books in the Community Library or look up information on the Talk Hub.

If you think you might like to take some goodies home with you, please bring a container.

We look forward to seeing you.

**Dates: Fridays: September 8<sup>th</sup>, October 13<sup>th</sup>, November 10<sup>th</sup>**  
**Time 10 to 12noon**

From Fibre to Fabulous  
Celebrating 40 years of the Herefordshire Guild of Weavers, Spinners and Dyers with demonstrations and exhibitions of work.



10am - 4pm each day  
Friday 8<sup>th</sup> and Saturday 9<sup>th</sup> September  
Friday 15<sup>th</sup> September  
Friday 22<sup>nd</sup> September

All Saints Church, Hereford  
Leominster Library  
Labels, Ross on Wye

# QUIZ

# Harvest festival

# NIGHT

**£5 per  
person  
children  
FREE**

**Friday Sept 29th 7.30pm**  
**Simpson Hall**



**07726 148 736**

"Leave a message to  
reserve your place"

**Team numbers 2,4,6**

Hearty sweet potato &  
butternut squash curry and  
naan

Tea,  
coffee &  
Biscuits



**To include Prizes  
for winners and  
losers**

**Future Quiz Nights**

**15 DEC - Tinsel & Mistletoe  
with our own Santa!**  
**22 MAR - Bounce into  
Spring**  
**21 JUNE - Summer Solstice**

## Herbs for the shadier and heavier garden

There are a good number of herbs which are ornamental enough to be included in more prominent planting schemes in the garden.

Although most aromatic herbs could generally be said to prefer a well drained soil in sun, there are many other attractive herbs for damper, heavier soils or for shade.

One example is the Mediaeval strewing herb, Sweet Woodruff (*Galium odoratum*), which makes a low growing ground cover with shiny, fine leaves similar to Goose Grass. In early summer it will be topped with starry white flowers. This one is ideal for dry shade under deciduous trees.

Dwarf varieties of the normally tall herb Comfrey (*Symphytum* spp.) are equally at home in dry or heavier soils in shade or sun. They even survive well in close proximity to some conifers. Dwarf Comfrey is semi-evergreen and bears attractive pendant, drop shaped, spring flowers in cream, pink or blue combinations according to its cultivar. Comfrey induces skin to heal over and broken bones to set quickly.

Other heavy soil candidates would include the sleep-inducing Valerian. Not to be confused with the raspberry pink, ornamental *Centranthus ruber*, (sometimes called 'red valerian'), true Valerian has flat heads of tiny, blush pink flowers.

Another heavy or light soil and shade candidate is Ladies' Mantel (*Alchemilla mollis*) renowned for its ability to staunch bleeding and treat womens' ailments. This low growing plant has froths of yellow-green flowers in summer and leaves which catch drops of water like spherical pearls.

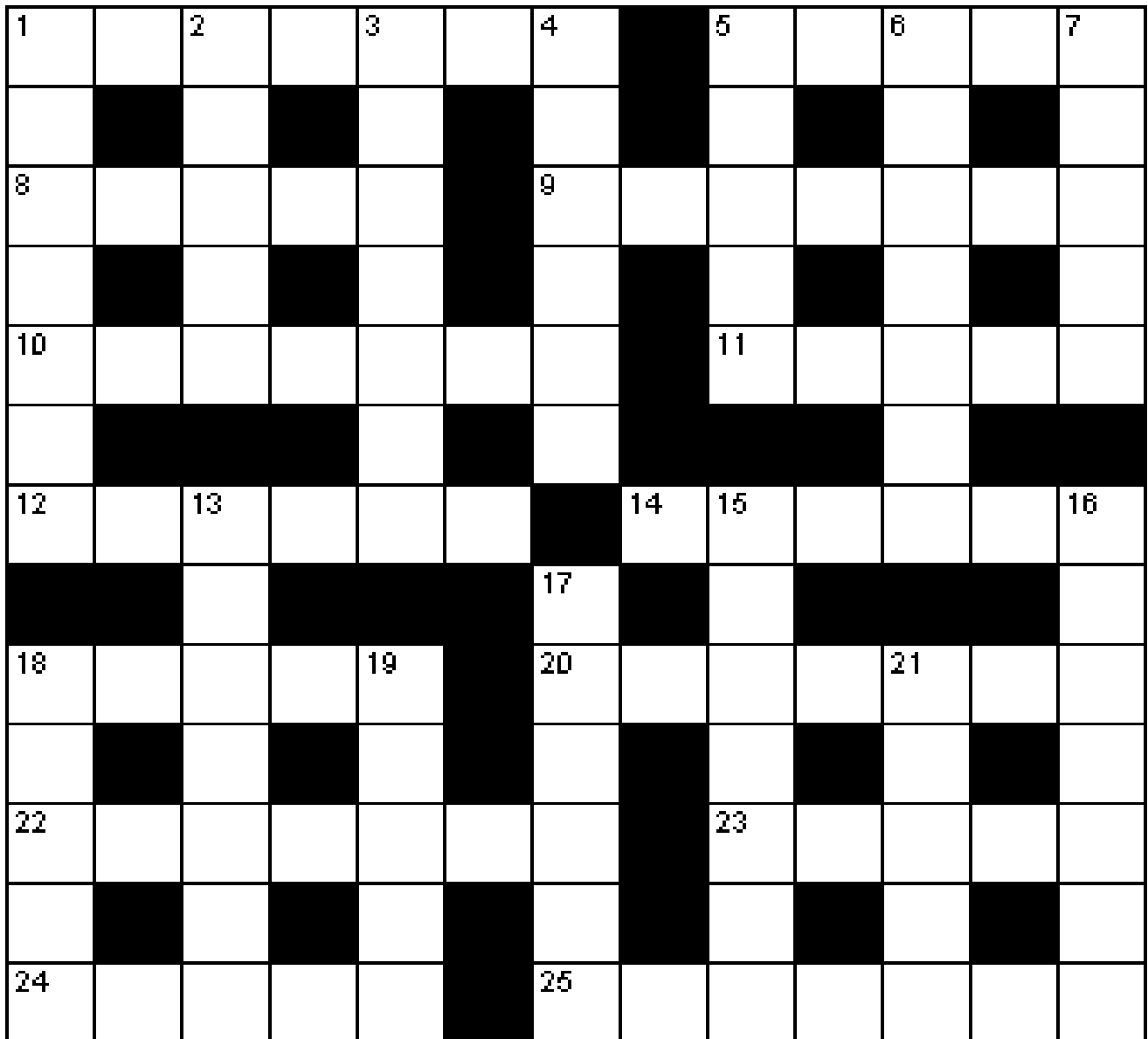
The foamy cream flowers of Meadowsweet or the delightful lavender-mauve flowers of Sweet Rocket (which are also edible) will also establish well under heavy and damp conditions but thrive best in part sun.

There is even a herbal rose – and roses tolerate heavy soils well - the ancient *Rosa gallica* 'Officinalis' ('officinalis' shows it has been used medicinally). This is a summer-flowering, bright pink, semi-double rose with golden central stamens. Being semi-double, it can be pollinated by bees and hence orange hips rich in vitamin C follow the flowers. This rose needs at least part sun and was once widely used for eye ailments and for its tonic properties.

Have fun with your garden plants!

Sue Watts-Cutler (for Burghill and Tillington Gardening Club)

# PUZZLE PAGE



## ACROSS

- 1** Ancient writing material (7)  
**5** Hooded snake (5)  
**8** Rope fibre (5)  
**9** Move forward (7)  
**10** Fine wool fabric (7)  
**11** Circular (5)  
**12** Cure (6)  
**14** Established way of behaving (6)  
**18** Defensive players (5)  
**20** Foolishly sentimental (7)  
**22** Doubtful (7)  
**23** In the vicinity (5)  
**24** Upright (5)  
**25** Without tears (3-4)

## DOWN

- 1** After 1945 (7)  
**2** Difficult question (5)  
**3** Akin (7)  
**4** Beer and lemonade mixture (6)  
**5** Insurance (5)  
**6** Sumptuous meal (7)  
**7** Modify (5)  
**13** Gruesome (7)  
**15** Normally (7)  
**16** Mixed (7)  
**17** Entertained (6)  
**18** Move (5)  
**19** Talent seeker (5)  
**21** Fortunate (5)



"When your mother asks, 'Do you want a piece of advice?' it is a mere formality. It doesn't matter if you answer yes or no. You're going to get it anyway."

*Erma Bombeck*

"I used to sell furniture for a living. The trouble was, it was my own."

*Les Dawson*

"You know you've reached middle age when you're cautioned to slow down by your doctor, instead of by the police."

*Joan Rivers*

# SEPTEMBER FAIR

**Saturday 2nd September 10am- 3pm**

**Tomkins Theatre, 148 Whitecross Road, Hereford HR4 0DH**

Nearly New Adult & Children Clothes

\* Toys \* Games \* Cakes \* Plants \*

Raffle \* Refreshments

Guess the name of the Teddy

And more....MUCH MORE



## CLEANER/HOME ASSISTANT AVAILABLE

**Do you need help with your household  
cleaning, laundry, ironing or small  
gardening jobs  
or do you need grocery shopping or  
prescriptions collecting.**

**If so, why not give me a call on:**

**07510 050491**



# Pretty Little Paws



🐾 Dog Walking 🐾 Dog Sitting 🐾 Dog Care 🐾

Instagram

☎ 07832 775 293

facebook

Please call Nicola for your requirements & to discuss any dog care.

Fully insured \* ACRO checked  
Animal awareness course completed with the  
university of Edinburgh

Owner of a 2 year old Boerboel called Cali, a  
South African Mastiff, so plenty of experience  
with a strong dog.

Please call for a free quote & a meet and greet.  
Look forward to meeting you all



## Flooring for your Home

### HOME ESTIMATE SERVICE

Carpets | Vinyl | Laminates | Tile

All forms and types of flooring  
providing a personalised service

**NORMAN BRAITHWAITE**

**Tel: 07932 275398**

Email: [flooringforyourhome@hotmail.com](mailto:flooringforyourhome@hotmail.com)

## Hereford Centre for Natural Health

We have experienced practitioners offering a range of natural  
health care including:

Acupuncture/Relaxation/Allergy Therapy/Counselling/  
Osteopathy/Shiatsu/Homeopathy/Heart Healing/McTimoney/  
Chiropractic/Tui Na Massage, Sports Massage and other  
Massage Therapies

**Tel 01432 279 653 Email: [hcnh@btconnect.com](mailto:hcnh@btconnect.com)**

Eastholme Avenue, Belmont, HR2 7XT  
[www.herefordcentrefornaturalhealing.com](http://www.herefordcentrefornaturalhealing.com)

## Maids Domestic Services

We specialise in regular weekly or fortnightly  
cleaning, catering for all your domestic cleaning  
needs. We are a small, reliable, high quality  
service, with 25 years experience.

We pride ourselves on providing skilled, trustworthy  
and friendly staff. All staff receive extensive training  
and are fully insured.

**Janet on 01432 350033 or 07702174036**

**Email:- [janet.stones@btinternet.com](mailto:janet.stones@btinternet.com)**



## *Divas and Dudes* FREELANCE HAIRDRESSING



*Now available in the comfort of your own home  
In and around Hereford.*

♦ Salon Owner . . . Established in 1993

♦ 36 years of experience!

♦ All aspects of hairdressing & barbering covered

♦ Appointment available for Individual clients \* care homes \* nursing homes \* work places

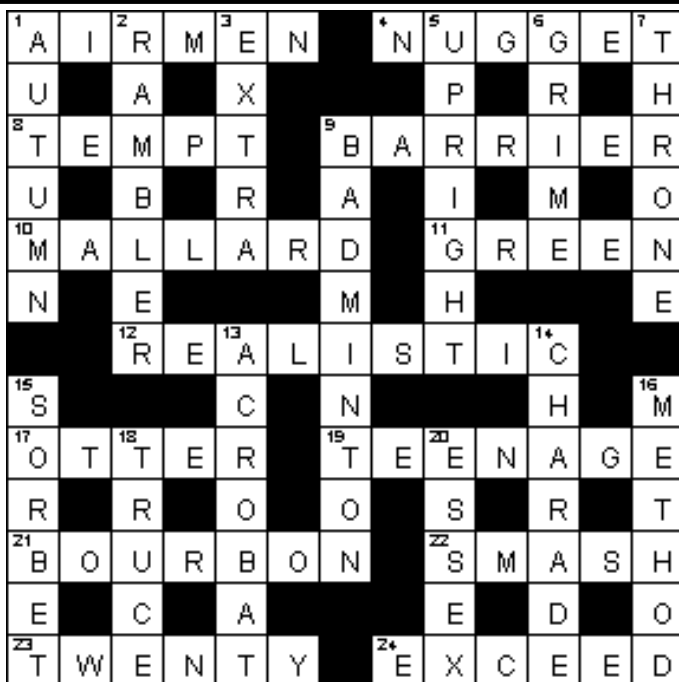
*Please get in touch with Nicola on* 📞 *Mobile tel: 07832 775293*

# Burghill & Tillington Gardening Club September 5<sup>th</sup> Simpson Hall 7.15pm

Paul Green from Greens Leaves Nursery Newent will talk to us about "Plants of the Season". This covers a huge number of plants that are looking good now, including new varieties. He will cover the merits and vices of the plants, propagation, pruning & best use in the garden. Paul will be selling the plants he brings to illustrate his talk, so come prepared!

All are welcome, entry £4 to include refreshments.

sueanddavidrix@talktalk.net



## ANSWERS TO MAY'S CROSSWORD



"People are like stained - glass windows. They sparkle and shine when the sun is out, but when the darkness sets in, their true beauty is revealed only if there is a light from within."

*Elisabeth Kubler-Ross*



# KNOW THYSELF

*Know Thyself* -- but what exactly is this Ancient Greek aphorism supposed to mean? On one level it seems quite pointless: how can I work at knowing something which I already know only too well? I am confused about lots of things but there is nothing I know more intimately than my own experiences, my own thoughts and memories. Other people might get to know me better, but what sense is there in being urged to know *myself* when I cannot fail to do so?

On another level, the assumption behind the aphorism seems clear enough: in order to *truly* know ourselves we have to work at it. Each of us is constrained by his or her particular situation and ability, but the living of a full and fruitful life depends ultimately upon critical self-examination. Only from a rational process of introspection can I think more clearly, more honestly, about why I feel as I do. Only by facing up to my shortcomings am I able to do anything about them and flourish properly as a *human* being. Through rational introspection, or so it might seem, we are able to come to terms with our irrationality.

But then again, just how rational is introspection supposed to be? Each of us has our own private feelings, opinions and beliefs, but what counts as knowledge is hardly a private affair. If belief cannot be put to the test, if it cannot face public scrutiny, then it hardly counts as knowledge at all. So how can I have true knowledge of myself when such knowledge, by definition, is logically private? I clearly know myself as a separate thinking and embodied 'thing', otherwise I would be unable to distinguish myself from anything and everything other than myself. I can also think of myself as an embodied stream of consciousness, or even as the proud possessor of a unified permanent 'self'. But no matter how or what I take myself to be, in what sense can I truly know myself when I am the sole arbiter of what counts as knowledge in my own private case? At whatever stage of consciousness I choose to introspect, what I take at that point to be knowledge about myself is bound to appear true to me. And this only means that the concept 'knowledge' fails in this case to get a foothold. If the physical eye can never directly see itself, how difficult must it be for the inner eye to perform any better! Just as we only get to see a distorted reflection of ourselves in the mirror -- what looks like the right side is really the left -- so too, and perhaps inevitably, with our the internal 'selfies'. The more we try, the more we seem to be looking through a glass, darkly.

*Rob Newton*

## THE UNNAMED GRAVE

As I walk gently upon the grass  
 And move between the stones  
 A minor tremor disturbs my feet  
 From a person who's unknown  
 And as I look down on the earth  
     I wonder to myself  
 Is this the grave of someone dear  
     Whose life had limited wealth  
 No cross, no border, no headstone  
     To show who lies beneath  
 This piece of un-kept sacred ground  
     Now lost to those who weep  
 What life did they once live I ask  
     The family that they knew  
 The age of their untimely death  
 Their appearance as they grew  
 But as my thoughts begin to fly  
     To imagine who they must be  
 A sadness fills my aching heart  
     For the stranger I long to see  
 Forgotten and lost to everyone  
     No sentiment of prayer  
 No loved ones visiting with kindness  
     To show how much they care  
 Instead they sleep amongst us  
     As we talk and walk on by  
 Until another unnamed grave  
 Reveals the place where someone  
     died  
 Let us not lament their peace and quiet  
     et  
 For within these graves they rest  
 Their lives now over, their voices still  
     All memories now have left  
 For they are always remembered  
     By the others who have died  
 As their journeys were made together  
     To a world on the other side

## THERE IS NO GOODBYE

There are moments on this planet  
     Periods of special time  
 That connects us with our loved ones  
     By revealing certain signs  
 For when the vibrations of the earth  
     Disturb the balance in the air  
 A message will reveal itself  
     For you to act upon with care  
 Then the forces will surround you  
     To help you if you ask  
 And smooth a path for you to walk  
     Unhindered in your task  
 For your loved ones will be watching  
     Each day when you awake  
 To assist you in your struggles  
 And the errors you might make  
 Pay attention to their presence  
     And listen with both ears  
 For the whisper that will call to you  
 And the advice that you will hear  
 Have courage in your footsteps  
 And use their wisdom without fear  
     To settle all your worries  
 From life's troubles that are near  
 For you travel not alone in time  
     On the journey that you take  
 As their spirits stand-by to guide you  
     On the choices you now make  
 So, do not say the word 'goodbye'  
     To loved ones when you part  
 As they will tap you on the shoulder  
     To cause a tremor in your heart  
 And when that movement stirs your soul  
     Get up and march ahead  
 As they are looking down on you  
     To see where you might tread  
 For through your senses a light will shine  
     To show you where to turn  
 As the departed gently teach you  
     On the lessons you must learn



## PARISH REGISTERS



### *Burials*

*George Evans*

*John Hillier*

*Peter Lloyd*

### *Deaths*

*Senna Meredith*

### *Weddings*

*Megan Lyke & Owen Morgan*

*Chloe Bridges & William Smith*



**The Cart Shed**  
*Transforming Lives*

### **Come and join our volunteer team!**

Do you have some time to spare?

Would you like to learn new skills, meet a wide range of people and do something interesting and rewarding in your

free time?

If the answer is yes, then come and join The Cart Shed Charity's volunteer team who support our occupational therapists, mental health practitioners and tutors.

The Cart Shed is based on a farm in north Herefordshire. We work outdoors using enriching and engaging woodland and horticultural activities to empower adults and young people to learn to self-manage their mental and physical health in a sustainable way.

We have opportunities available for you to become:

A woodland cook - making delicious soup on our outdoor stoves.

A driver - transporting our participants to and from us in our minibuses.

A horticulture volunteer - helping take care of our produce in our poly-tunnels.

A green woodworking, willow weaving or crafting volunteer – support our tutors and participants with the skills you have in these areas.

Find out more and apply here: <https://www.thecartshed.co.uk/volunteer>



**RECTOR:** Reverend Dr Phillip Brown  
 The Vicarage, Burghill, HR4 7SG.  
 Tel: 01432 761821  
 Email: [revpjbrown.777@gmail.com](mailto:revpjbrown.777@gmail.com)  
 Church email: [burghillchurch@gmail.com](mailto:burghillchurch@gmail.com)  
 Church website: [www.burghillbenefice.com](http://www.burghillbenefice.com)

*"The steadfast  
 love of the Lord  
 never ceases,  
 His mercies  
 never come to  
 an end"*  
*Lam 3:22-3*

### CHURCHWARDEN:

Max Jenman     Daimor, Burghill, HR4 7RN     760288

### SAFEGUARDING OFFICER

Liz Donovan     Lauristina House, Burghill, HR4 7RN     760881

### PAROCHIAL CHURCH COUNCIL

<b>Secretary:</b>	Mary Hilder, 1 Veldifer Cottage, Roman Road, HR4 7AN.	760473
<b>Treasurer:</b>	Mark Lyddon	760997
<b>Gift Aid:</b>	Michael Langford, 18, St Mary's Lane, Burghill, HR4 7QL.	761404
<b>Deanery Synod rep:</b>	Anna Nugent.	

**Members:** Emma Noble (*Also Electoral Role Officer*),  
 Anna Nugent, David Bishop, Geraldine Jeffery. David Kelly,  
 Susannah Peppiatt

<b>DIRECTOR OF MUSIC:</b>	Jason Walker, 14 Leasown, Burghill, HR4 7SA.	07402 862046
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<b>CHURCH FLOWERS:</b>	Geraldine Jeffery.	01432 674013

### THE SIMPSON HALL:

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Deputy Chair: Graham Gilbert, The Villa, Burghill, HR4 7RW	07831607390
Secretary: Twink Helme, The Angrove, Tillington, HR4 7RS	760704
Treasurer: Cyrus Amini,	<a href="mailto:treasurer@simpsonhall.uk">treasurer@simpsonhall.uk</a>
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